



Dr. Melissa & Dr. Scott Millner

Allergies

'Tis the season for coughing, blowing, wheezin', an' sneezin'. Or is it? Thousands of children (and their parents) in our community seem to be affected by this allergy thing. For those of you who have not been, you are looked upon with envy at certain times of the year. Millions of hard earned dollars are spent on over-the-counter drugs, weekly shots, and physician visits. Then there is time-off from school (or work) and the effect of Little Miss Sneezy on the family. The toll from allergies is immense.

Why is that? What is it that makes one child allergic and another not? After all, we all live on the same planet! The difference is most often seen in how one child's body is able to adapt, and another is not. Very simply put, an allergy is the inability of your child's body to handle something which is in their immediate environment: Pollen from trees, grasses, flowers, etc. (There are also allergies to drugs, harsh detergents, and other agents. These allergies are seen as a protective reaction and are not the type we are discussing today). People with allergies are abnormally sensitive to the air pollen from these plants. In other words they are ***hypersensitive***.

Think about this for a moment. Something is making your child's body hypersensitive to a perfectly normal part of the environment! So is the solution to get rid of all the flowers, trees, grasses, etc.? Or does it make more sense to make your child's body function normally so it can handle its environment in a normal fashion?

You may not realize that the thing that runs your child's body in a perfect manner is the nervous system. As long as it is able to control all functions of the body with ***no interference***, your child should have the best health possible. If however, there is interference to the normal function of the nervous system, your child's body will not function properly and will react poorly to pollens, etc. Chiropractors call this interference a **Vertebral Subluxation**. It is a serious health hazard! By correcting these vertebral subluxations, your child will have a better chance to successfully deal with allergies.